

References

- Abdulah, D. M., Dyrbye, L. N., T. D. Shanafelt, C. A. Sinsky, P. F. Cipriano, J. Bhatt, A. Ommaya, C. P. West, and D. Meyers. (2017). Burnout among health care professionals: A call to explore and address this underrecognized threat to safe, high-quality care. *NAM Perspectives*. & Abdulla, B. M. O. (2019). Psychological wellbeing of Yezidi females following group art-based intervention: An interventional study. *Complementary Therapies in Medicine*, 46, 165–171
- Anderson K.L., & Burckhardt, C.S. (2003). The Quality of Life Scale (QOLS): Reliability, Validity, and Utilization. *Health and Quality of Life Outcomes*, (1), 60. <https://doi.org/10.1186/1477-7525-1-60>
- Beard, K. V., & Julion, W. A. (2016). Does race still matter in nursing? The narratives of African-American nursing faculty members. *Nursing Outlook*, 64(6), 583–596. <https://doi-org.samuelmerritt.idm.oclc.org/10.1016/j.outlook.2016.06.005>.
- Collie, K., & Kante, A. (2010). Art groups for marginalized women with breast cancer. *Qualitative Health Research*, 21(5), 652-661. doi: 10.1177/1049732310383989
- DeGruy, J. (2005). *SpeakOutNow: Voices change lives*. Retrieved November 11, 2017, from https://www.speakoutnow.org/sites/default/files/Publicity%20Packet_1.pdf
- Dieterich-Hartwell, R., & Koch, S. C. (2017). Creative Arts Therapies as Temporary Home for Refugees: Insights from Literature and Practice. *Behavioral Sciences (2076-328X)*, 7(4), 69. Retrieved from <https://search-ebSCOhost-com.samuelmerritt.idm.oclc.org/login.aspx?direct=true&db=edb&AN=126920033&site=eds-live>

- Ettun, R., Schultz, M., Bar-Sela, G. (2014). Transforming pain into beauty: on art, Healing, and care for the spirit. *Evid Based Complement Alternat Med.* 2014;2014:789852. doi:10.1155/2014/789852
- Fukiau, K. K. B. (2001). *Tying the Spiritual Knot - African Cosmology of the Bantu-Kongo: Principles of Life and Living.* New York: Athelia Henrietta Press.
- Fukiau, K. K. B. (2003). *Self-Healing Power and Therapy: Old Teaching for Africa.* New York: African Tree Press.
- Goodman, R. D. (2013). The transgenerational trauma and resilience genogram. *Counselling Psychology Quarterly*,26(3-4), 386-405. <https://doi-org.samuelmerritt.idm.oclc.org/10.1080/09515070.2013.820172>.
- Hajar, R. (2018). What has Art to do with Medicine?. *Heart views: the official journal of the Gulf Heart Association*, 19(1), 34-35. https://doi.org/10.4103/HEARTVIEWS.HEARTVIEWS_6_18

- Koch, S., Kunz, T., Lykou, S., Cruz, R. (2013). Effects of dance movement therapy and dance on health-related psychological outcomes: A meta-analysis. *The Arts in Psychotherapy* Volume 41, Issue 1, February 2014, Pages 46–64. doi:10.1016/j.aip.2013.10.004
- Myer, C (2012) Perceived Benefits of Art-based Interventions and Nursing Implications: A Systematic Review. St Catherine University. Retrieved from https://sophia.stkate.edu/cgi/viewcontent.cgi?article=1019&context=shas_honors
- Nobles, W. W. N. (2017). Personal Communication/Teaching, July 20, 2012.
- Nazish N (2019). How To De-Stress In 5 Minutes Or Less, According To A Navy SEAL. *Forbes*. Retrieved from <https://www.forbes.com/sites/nomanazish/2019/05/30/how-to-de-stress-in-5-minutes-or-less-according-to-a-navy-seal/?sh=520338a53046>
- Nwankpa, U., Bevill, S. (2019). *Dance and the Quality of Life* (1st ed., Vol. 73, Social Indicators Research Series). Springer International Publishing. doi:10.1007/978-3-319-95699-2
- Perry, S. P., Hardeman, R., Burke, S. E., Cunningham, B., Burgess, D. J., & van Ryn, M. (2016). The Impact of Everyday Discrimination and Racial Identity Centrality on African American Medical Student Wellbeing: a Report from the Medical Student CHANGE Study. *Journal of Racial and Ethnic Health Disparities*, 3(3), 519–526. <https://doi-org.samuelmerritt.idm.oclc.org/10.1007/s40615-015-0170-3>
- Schub, E. B., & Walsh, K. C. (2017). *Evidence-Based Nursing Practice: Implementing*. CINAHL Nursing Guide.
- Watson, J. (2008). *Nursing: The Philosophy and Science of Caring* (rev. ed.), Boulder: University Press of Colorado.
- White, B. J., Mentag, N. M., & Kaunda, B. R. (2020). African American Nurses Describe Experiences of Mistrust and Trust While in Nursing School. *Nursing Education*

Perspectives, 41(3), 157–162. <https://doi-org.samuelmerritt.idm.oclc.org/10.1097/01.NEP.0000000000000606>

Zuch, M. T. (2015). The Effectiveness of Arts in Trauma Intervention. *Vanderbilt Undergraduate Research Journal*, 10, 1. Retrieved from <https://search-ebscohost-com.samuelmerritt.idm.oclc.org/login.aspx?direct=true&db=edb&AN=111456634&site=eds-live>

Abdulah, D. M., & Abdulla, B. M. O. (2019). Psychological well-being of Yezidi females following group art-based intervention: An interventional study. *Complementary Therapies in Medicine*, 46, 165–171

Al-Rhodesly, Ahmed. (2019). Biophilic Approach to Architecture: Case of the Alhambra, al-Andalus. 10.13140/RG.2.2.34184.67841.

American Nurses Association (2016). The Nursing Process. Retrieved from <https://www.nursingworld.org/practice-policy/workforce/what-is-nursing/the-nursing-process/>

American Psychological Association (2022). Physiological & Psychological Impact of Racism and Discrimination for African-Americans. Retrieved from <https://www.apa.org/pi/oema/resources/ethnicity-health/racism-stress>

Anderson K.L., & Burckhardt, C.S. (2003). The Quality of Life Scale (QOLS): Reliability, Validity, and Utilization. *Health and Quality of Life Outcomes*, (1), 60. <https://doi.org/10.1186/1477-7525-1-60>

Beard, K. V., & Julion, W. A. (2016). Does race still matter in nursing? The narratives of African-American nursing faculty members. *Nursing Outlook*, 64(6), 583–596. <https://doi-org.samuelmerritt.idm.oclc.org/10.1016/j.outlook.2016.06.005>.

- Carlson R, Shield B. (1989). *Healers on healing*. New York, NY: Tarcher/Putnam; 1989.
- Collie, K., & Kante, A. (2010). Art groups for marginalized women with breast cancer. *Qualitative Health Research*, 21(5), 652-661. doi: 10.1177/1049732310383989
- Dahlberg LL, Krug EG. (2002). Violence: a global public health problem. In: Krug E, Dahlberg LL, Mercy JA, Zwi AB, Lozano R, eds. *World Report on Violence and Health*. Retrieved from <https://www.cdc.gov/violenceprevention/about/social-ecologicalmodel.html>
- DeGruy, J. (2005). *SpeakOutNow: Voices change lives*. Retrieved November 11, 2017, from https://www.speakoutnow.org/sites/default/files/Publicity%20Packet_1.pdf
- Dieterich-Hartwell, R., & Koch, S. C. (2017). Creative Arts Therapies as Temporary Home for Refugees: Insights from Literature and Practice. *Behavioral Sciences* (2076-328X), 7(4), 69. Retrieved from <https://search-ebscohost-com.samuelmerritt.idm.oclc.org/login.aspx?direct=true&db=edb&AN=126920033&site=eds-live>
- Drake, D. (2019). Spiritual creativity among African-Americans. Retrieved from <https://media.proquest.com/media/hms/PFT/2/E05ZC?s=c64NwevPdgs0Zg6ceCiiXX5LiAg%3D>
- Eli de Lemos (2016). *The Tripod of Life – The Trinity. Consciousness of universal energy*. Retrieved from <https://satorirei.com/2015/10/01/the-3-6-9-fundament/>
- Ettun, R., Schultz, M., Bar-Sela, G. (2014). Transforming pain into beauty: on art, Healing, and care for the spirit. *Evid Based Complement Alternat Med*. 2014;2014:789852. doi:10.1155/2014/789852
- Firth, K., Smith, K., Sakallaris, B. R., Bellanti, D. M., Crawford, C., & Avant, K. C. (2015). Healing, a concept analysis. *Global Advances in Health and Medicine*, 4(6), 44. Retrieved

from <https://samuelmerritt.idm.oclc.org/login?url=https://search-ebshost-com.samuelmerritt.idm.oclc.org/login.aspx?direct=true&db=edo&AN=ejs42274179&site=eds-live>

Frost, D. M., & Meyer, I. H. (2012). Measuring community connectedness among diverse sexual minority populations. *Journal of Sex Research*, 49, 36–49. 10.1080/00224499.2011.565427

Fukiau, K. K. B. (2003). *Self-Healing Power and Therapy: Old Teachings from Africa*. New York: African Tree Press.

Geneva, Switzerland: World Health Organization; 2002:1-21.

Ginwright, S (2018) *The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement*. Medium Psychology. Retrieved from <https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c>

Goodman, R. D. (2013). The transgenerational trauma and resilience genogram. *Counselling Psychology Quarterly*, 26(3–4), 386–405. <https://doi-org.samuelmerritt.idm.oclc.org/10.1080/09515070.2013.820172>.

Graham-Pole, J.R (2001). The marriage of art and science in health care. *Yale Journal of Biology and Medicine*. 74, 21-27.

Hajar, R. (2018). What has Art to do with Medicine?. *Heart views: the official journal of the Gulf Heart Association*, 19(1), 34–35. https://doi.org/10.4103/HEARTVIEWS.HEARTVIEWS_6_18

Hsu C. (2008). Healing in primary care. *Ann Fam Med*. 2008;6(4):307–14

- Koch, S., Kunz, T., Lykou, S., Cruz, R. (2013). Effects of dance movement therapy and dance on health-related psychological outcomes: A meta-analysis. *The Arts in Psychotherapy* Volume 41, Issue 1, February 2014, Pages 46–64. doi:10.1016/j.aip.2013.10.004
- Leste, A., Rust, J. (1984). Effects of dance on anxiety. *Perceptual and Motor Skills*, 58, 767-772. doi: 10.2466/pms.1984.58.3.767
- Maizes, V., Rakel, D., & Niemiec, C. (2009). Integrative Medicine and Patient-Centered Care. *EXPLORE: The Journal of Science and Healing*, 5(5), 277-289. doi:10.1016/j.explore.2009.06.008
- McElliott D. (2010). Healing: the journey from concept to nursing practice. *J Holist Nurs.* 2010;28(4):251–9
- Mok, E., & Wong, K. Y.(2003). Effects of Music on Patient Anxiety. *Association of perioperative Registered Nurses Journal*, 77(2), 396-410. doi:10.1016/S0001-2092(06)61207-6
- Myer, C (2012) Perceived Benefits of Art-based Interventions and Nursing Implications: A Systematic Review. St Catherine University. Retrieved from https://sophia.stkate.edu/cgi/viewcontent.cgi?article=1019&context=shas_honors
- Nwankpa, U., Bevill, S. (2019). *Dance and the Quality of Life* (1st ed., Vol. 73, Social Indicators Research Series). Springer International Publishing. doi:10.1007/978-3-319-95699-2
- Perry, S. P., Hardeman, R., Burke, S. E., Cunningham, B., Burgess, D. J., & van Ryn, M. (2016). The Impact of Everyday Discrimination and Racial Identity Centrality on African American Medical Student Well-Being: a Report from the Medical Student CHANGE Study. *Journal of Racial and Ethnic Health Disparities*, 3(3), 519–526. <https://doi-org.samuelmerritt.idm.oclc.org/10.1007/s40615-015-0170-3>

- Schultz, K., Cattaneo, L. B., Sabina, C., Brunner, L., Jackson, S., & Serrata, J. V. (2016). Key roles of community connectedness in healing from trauma. *Psychology of Violence*, 6(1), 42–48. <https://doiorg.samuelmerritt.idm.oclc.org/10.1037/vio0000025>
- Simavli, S., Gumus, I., Kaygusuz, I., Yildirim, M., Usluogullari, B., & Kafali, H. (2014). Effect of Music on Labor Pain Relief, Anxiety Level and Postpartum Analgesic Requirement: A Randomized Controlled Clinical Trial. *Gynecologic and Obstetric Investigation Gynecol Obstet Invest*, 78(4), 244-250. doi:10.1159/000365085
- Stuckey, H. L., & Nobel, J. (2010). The connection between art, healing, and public health: a review of current literature. *American journal of public health*, 100(2), 254–263. <https://doi.org/10.2105/AJPH.2008.156497>
- Swayne J. (2005). Homeopathy, wholeness and healing. *Homeopathy*. 2005;94(1):37–43
- Teut M, Stockigt B, Holmberg C, Besch F, Witt CM, Jeserich F. (2014) Perceived outcomes of spiritual healing and explanations—a qualitative study on the perspectives of German healers and their clients. *BMC Complement Alternat Med*. 2014;14:240.
- Utt (2014). The Healing Power of Community. *Everyday Feminism Magazine* retrieved from <https://everydayfeminism.com/2014/02/healing-power-of-community/>
- Walker, L. O., & Avant, K. C. (2019). *Strategies for theory construction in nursing* (6th ed.). Upper Saddle River, N.J: Pearson/Prentice Hall
- Watson, J. (2008). *Nursing: The Philosophy and Science of Caring* (rev. ed.), Boulder: University Press of Colorado.
- Watson’s Caring Science Institute (2022). *Caring science and human caring theory*. Retrieved from <https://www.watsoncaringscience.org/jean-bio/caring-science-theory/>

- White, B. J., Mentag, N. M., & Kaunda, B. R. (2020). African American Nurses Describe Experiences of Mistrust and Trust While in Nursing School. *Nursing Education Perspectives*, 41(3), 157–162. <https://doi-org.samuelmerritt.idm.oclc.org/10.1097/01.NEP.0000000000000606>
- Wirihana, R., Smith, C. (2014) Historical Trauma, Healing and Well-Being in Māori Communities. *MAI Journal*, 3 (3).
- Yang, C., Chen, C., Chu, H., Chen, W.C., Lee, T.Y., Chen, S.G., Chou, K.R.(2012). The Effect of Music Therapy on Hospitalized Psychiatric Patients 'Anxiety, Finger Temperature, and Electroencephalography: A Randomized Clinical Trial. *Biological Research for Nursing*, 14(2), 197-206. DOI: 10.1177/1099800411406258
- Zambara, W. (Ed.) 2015 *Community Healing Manual: A training manual for Zimbabwe*. Cape Town: Institute for Justice and Reconciliation / Peacebuilding Network of Zimbabwe
- Zuch, M. T. (2015). The Effectiveness of Arts in Trauma Intervention. *Vanderbilt Undergraduate Research Journal*, 10, 1. Retrieved from <https://search-ebshost-com.samuelmerritt.idm.oclc.org/login.aspx?direct=true&db=edb&AN=111456634&site=eds-live>